

# E-Weekly

January 30, 2026  
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PUBLICATION OF BETHLEHEM LUTHERAN CHURCH  
GRAND MARAIS, MINNESOTA  
PRODUCED BY DENISE MURRAY

# Sunday February 1, 2026

## Scripture Readings

## Micah 6:1-8

## *The offering of justice, kindness, humility*

## Psalm 15

LORD, who may abide upon your holy  
hill?

## 1 Corinthians 1:18-31

### *Christ crucified, the wisdom*

### *and power of God*

## Matthew 5:1-12

## *The teaching of Christ: Beatitudes*

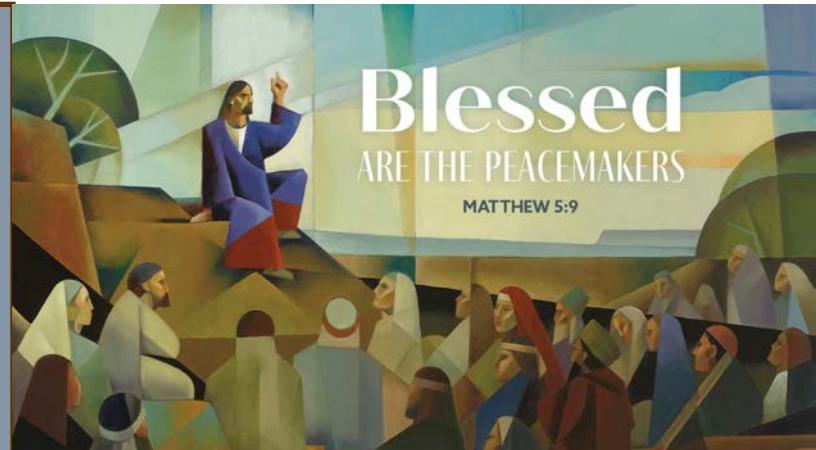
## Livestream link:

<https://www.youtube.com/watch?v=fT4JvfmXK4>



## Bethlehem Lutheran Church

417 First Avenue West, PO Box 638  
Grand Marais, MN 55604



# Sunday

# February 1, 2026

# The 4th Sunday after Epiphany

Livestream link:  
<https://www.youtube.com/watch?v=fT4JyfmXK4>

## This Week at Bethlehem:

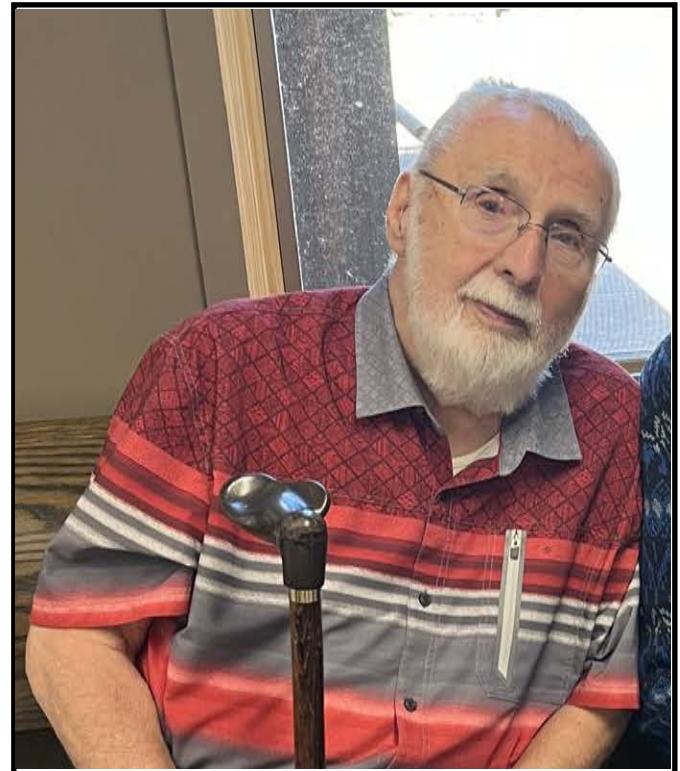
Sun Feb 1 8:40 AM Choir Practice  
**10:00AM Worship Service**  
**& Sunday School**

Tues Feb 3 8:30 AM Staff meeting

Wed Feb 4 12:30 PM Text Study  
5:30 PM Community Meal  
6:00 PM Worship  
6:30 PM Confirmation

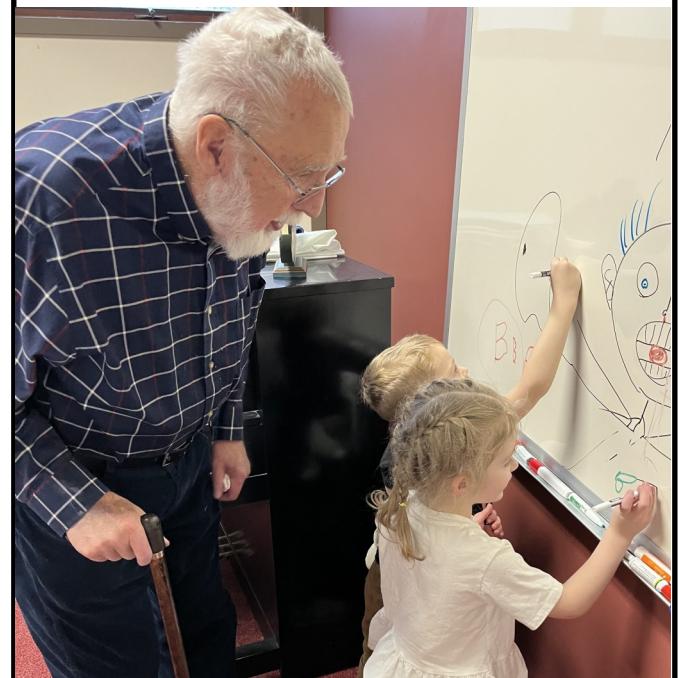
Thurs Feb 5 8:00 AM Bible Study  
9:00 AM Quilting  
6:30 PM Table Tennis

Sun Feb 8 8:40 AM Choir practice  
**10:00 AM Worship Service**  
**& Sunday School**  
11:30 PM Daisy Troop



Our deepest heartfelt sympathies & condolences to Kathy Bolstad for the loss of her dear husband Ed, who passed away last week. *May our loving Savior give you peace in your soul knowing that Ed has been welcomed into the joy of his Father in heaven.* (A memorial service will be held in the spring.)

**First & Second Thrift Store** is once again requesting clothing for **displaced people in Ukraine**, both adults and children. They need **warm outdoor clothing**. Drop items off at First & Second any day-from 10 to 4.



# PRAYER list

## Healing prayers are requested:

Kristin Lindholm; Rolf Morck; Linda Zenk; Clayton Koss; Kamryn Johnson; Lois Johnson; Sarah Coe; Luke Gulstrand; Lynn Schulte; Christy Buetow; Annalisa Winje; Joan Bieber; Char Anderson; Bruce & Stacey Johnson; Gene & Barbara Erickson; Rhonda & Butch Schulte; Stacey Schulte; Paulina Backstrom; Shae Lindholm; Hank Ferland; Ramiro Acero; Margaret Dahl; Katrina Crouse; Tom Christiansen; Karen Shannon;

This week we lift up these members: Mitch & Cindy Everson; Hana, Tom, Kate & Aaron Crosby; Gary & Ann Jorgenson; Seth, Kelsi, Aubrey, Blake, Bevie Teddie Williams; and Kali Blomberg, Ashtyn & Brooklyn Nelson. May God walk with these faithful friends in their journey of peace through Christ.

Need  
PRAYER?

Contact:

Pastor Calvin 763-226-5425

or Laura Popkes, Prayer Chain

Leader 218-370-0721

## “For what shall we pray?”

*This is from a weekly post inviting individuals, groups, and congregations to lift up our world in prayer. This resource is prepared by a variety of leaders in the ELCA.*

### Prayer prompts:

- For justice and peace among nations where war and violence rage, especially Palestine and Israel, Iran, Myanmar, Iraq, Haiti, Russia and Ukraine, and South Sudan...
- For a ceasefire in Gaza, for hostages to be freed, and for all who are engaging in diplomacy to bring this about...
- For all people who must leave their homes to preserve their safety, especially in Rafah...
- For safety and sensitivity in the midst of campus protests...
- For the people, plants, and animals harmed by flooding in South Texas and Kenya...
- For those affected by tornadoes in Oklahoma and Michigan...
- For victims of an apartment building collapse in southern South Africa, and for continued recovery efforts...
- For synods of the ELCA as they gather in their assemblies, that the Spirit would enliven and guide them...
- For the United Methodist Church as they step into a future that embraces the gifts and leadership of LGBTQ+ clergy...
- For those in our country without access to healthcare, and for those who must travel to get the care they need...

### Events and observances:

- May Observances: Mental Health Awareness Month, Asian American and Pacific Islander Heritage Month (May)
- Julian of Norwich, renewer of the church, died 1416, May 8
- Victor the Moor, martyr, died c. 303, May 8
- Nicolaus Ludwig von Zinzendorf, renewer of the church, hymnwriter, died 1760, May 9
- Matthais, apostle, May 14

### Prayers from ELCA resources:

#### *A prayer of Julian of Norwich (ELW, p.87)*

In you, Father all-mighty, we have our preservation and our bliss. In you, Christ, we have our restoring and our saving. You are our mother, brother, and savior. In you, our Lord the Holy Spirit, is marvelous and plenteous grace. You are our clothing; for love you wrap us and embrace us. You are our maker, our lover, our keeper. Teach us to believe that by your grace all shall be well, and all shall be well, and all manner of things shall be well. Amen.

#### *A prayer for refugees, migrants, immigrants (ACS p.51)*

O God, as you guided the Israelites to a new land by pillars of cloud and fire, now travel alongside all people who seek safety from persecution and a better life. Provide them with what they need as they travel, and guide them to places of welcome and sanctuary. We ask this in Jesus' name. Amen.



The BLCW has set February 13<sup>th</sup> as our **Annual Valentine Cookie Packaging Day** The cookie packs will be delivered the afternoon of the 13th to people in the community, at the Care Center and at North Shore Health.



If you know someone you would like to have a Valentine treat delivered, please let us know! Drop off their name and delivery address at church. (phone numbers help too!)

If you would like to donate cookies, help put cookie packs together or deliver cookies we would appreciate your help. All varieties of cookies are welcome

Drop off cookie donations any time on Thursday, Feb 12th or Feb 13th by 9:30 am.

Cookies will be packaged Friday, Feb. 13th at 10 am. If you would like to help put cookie packs together meet at Bethlehem at 9:30.

Delivery of Valentine cookie packs will take place immediately after packaging! If you are able to deliver a few, let us know, we would appreciate your help.

Thank you for helping put Valentines smiles on faces in our community!





The Church in Society Team  
invites you to Party  
with our friends at the  
Care Center

Saturday, February 14th  
Valentine's Day @ 2:00 pm

Play BINGO with the  
Residents,  
Eat Snacks,  
& Win Prizes

More information available from  
Joni Kristenson 218-370-9554

Party will  
take place in  
the "Waves"  
side dining  
room.

Help us set  
up starting  
at 1:00 pm.  
Feel free to  
bring prizes  
for the  
residents.



Evangelical  
Lutheran Church  
in America

Presiding Bishop Yehiel Curry and ELCA synod bishops from Minnesota share a joint pastoral video message condemning aggressive immigration activity. The bishops acknowledge the uncertainty being experienced by many in Minnesota and in other parts of God's kingdom, and they remind this church that in our lament we still hold fast to the promises of Christ and the assurance that we are not alone.

Watch the video: <https://www.youtube.com/watch?v=GX5LsIgUy10>

Minnesota synod bishops:

The Rev. Regina Hassanally, bishop of the Southeastern Minnesota Synod

The Rev. Patricia Lull, bishop of the Saint Paul Area Synod

The Rev. Jen Nagel, bishop of the Minneapolis Area Synod

The Rev. Amy Odgren, bishop of the Northeastern Minnesota Synod

The Rev. Dee Pederson, bishop of the Southwestern Minnesota Synod

The Rev. William "Bill" Tesch, bishop of the Northwestern Minnesota Synod

# Owl Night Lock In

It's going to be a hoot!

**February 21<sup>st</sup> @ 8pm -**

**February 22<sup>nd</sup> @ 11am**

For 6<sup>th</sup> - 12<sup>th</sup> students.

All are welcome!



Register Now!

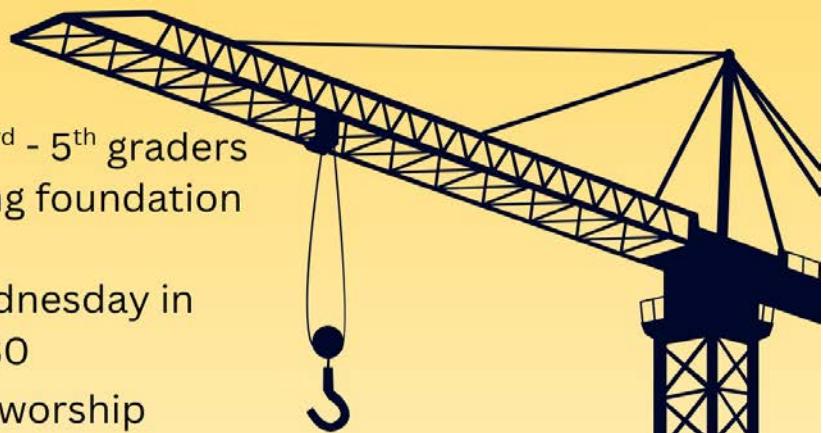
Contact Jess with any questions,  
comments or concerns!

[blcyouth@boreal.org](mailto:blcyouth@boreal.org)

507-530-2763



## Join us for Bethlehem Builders Club!



An afterschool program for 3<sup>rd</sup> - 5<sup>th</sup> graders  
where we are building a strong foundation  
of faith!

We will be meeting every Wednesday in  
March from 3:30-5:30

During this time we will worship  
together, play games, have snacks, have  
Bible study & more. All are welcome!



Contact Jess with any questions, comments or concerns!

[blcyouth@boreal.org](mailto:blcyouth@boreal.org) 507-530-2763



# Communion Class at Bethlehem

Come and learn about Communion! For 3<sup>rd</sup> - 5<sup>th</sup> graders and at least one trusted adult.

March 15<sup>th</sup>, 22<sup>nd</sup> & 29<sup>th</sup> @11am after Worship.



Register online now or contact Jess!

Contact Jess with any questions, comments or concerns!  
[blcyouth@boreal.org](mailto:blcyouth@boreal.org) 507-530-2763

## Looking to go to camp this summer?

Camps are a great way to meet new people, grow closer to God and spend time outdoors.

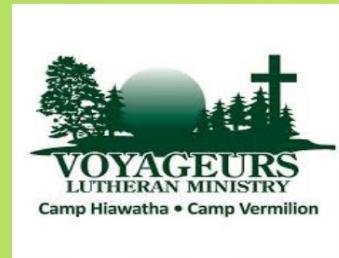
Here at Bethlehem, we want every student to be able to experience camp! Bethlehem offers a \$250 scholarship to any Christian camp, they would like to go to!

Please contact Jess with any questions, comments or concerns!  
507-530-2763 - [blcyouth@boreal.org](mailto:blcyouth@boreal.org)

Here are some camps that we love, if you are looking for an amazing camp experience!



**Wilderness  
Canoe Base**



CONFIDENT. CARING. CERTIFIED.



# FREE BABYSITTING TRAINING

Head of the Lakes United Way is proud to offer free babysitter training to youth 11 years of age and older.



Training will be provided by FirstAidMN and will follow the American Red Cross curriculum.

## TRAINING CLASSES:

HERE IN GRAND MARAIS

April 25, 2026

8:00 AM - 4:00 PM

Grand Marais Community Center



## WHAT YOU WILL LEARN:

- How to care for infants and children.
- What to do in an emergency and how to stay safe.
- Choosing activities that are age appropriate.
- Recognizing, understanding and handling certain behaviors.
- Starting your babysitting business.
- Receive certification of babysitting training and Pediatric CPR after completion of class.

## IMPORTANT INFORMATION:

- This is a one-day training; class starts at 8 AM and concludes at 4 PM.
- Space is limited to 24 participants
- Lunch and snacks will be provided.
- Parent/caregiver must provide transportation and accompany child to building for drop-off and pick-up. Parent/caregiver does not need to stay during the training.

Register here:



[hlunitedway.org/babysitting](http://hlunitedway.org/babysitting)  
or scan qr code

For more information contact:

Jaci Christiansen  
[jchristiansen@hlunitedway.org](mailto:jchristiansen@hlunitedway.org)  
218-726-4889

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